

The future – Will we eat according to individual nutritional type?

On March 8, 2011, you are invited to attend the Winter School seminar where future opportunities to target food according to individuals' "nutri-types" will be discussed. Where is science today? Will it be at all possible to differentiate individuals in relation to individual "nutritional types" in the future? Come and hear Inger Björk (LU) talk about anti-diabetic foods in relation to biomarkers and cognition, and Martin Kussmann (Nestlé) discuss nutrigenomics and personalized nutrition from a large international food company's perspective.

The seminar will be followed by four presentations from PhD students who have followed the Winter School 2010-2011 as a PhD course. All are welcome to listen in and participate in discussions. Hear about taste and children's food preferences; breakfast food's effect on cognition in school children; alcohol - gene interactions and whether health can be enhanced by knowing more about the impact of individual nutrition.

It is free to attend this seminar, which is relevant for those who want to be at the forefront of research on tomorrow's challenges and opportunities related to food and health. This applies for companies, researchers, students, and others interested in the topic.

Title: The future: Differentiation by Nutri-types?

When: Tuesday, 8 March 2011, 13:00-16:50

Where: Auditorium, KLP house, Arne Jacobsen Alle 15-17, 2300 Copenhagen S

Organisers: The Winter School is organised by the University of Copenhagen, LMC ActiFoods, DHI, DI and Øresund Food.

About the seminar: The seminar "The Future: Differentiation by " Nutri-types "?" is the sixth and final seminar in a series under the joint name Winter School 2010-11 "Individual Health & Nutrition." The seminars have delved into the science of individual health and nutrition, exploring future opportunities to target and personalize health interventions based on, among other things, our genetic material. Seminars are held in English.

Read more and register here: www.oresund.org/food/events/current-event-archive/winter-school-2010-2011.-seminar-6-the-future-differentiation-by-nutri-typer-phd-evaluation, or contact:

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