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The impact of the intestinal flora on rodents as models for human

inflammatory disease

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# Five questions from the winter school

What is state-of-the-art within the field in question? Axel: What is the question ?What are the hypotheses?Which results have been achieved?What are the most important areas to focus on?What is the best way to use the results for prevention of allergy and/or obesity?





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#### Life style diseases

Inflammatory diseases Metabolic syndrome Type 2 diabetes Central vascular diseases Atherosclerosis Coronary thrombi Type 1 diabetes Allergy Inflammatory bowel disease Neuroinflammation Depression Schizophrenia

Metabolic diseases Metabolic syndrom Obesity



Theories of perinatal injury

#### **Hygiene hypothesis**

'Lacking exposition to strong bacterial antigens in early post-natal life leads to failure in programming regulatory T-cells to prevent Th1 or Th2 responses later in life'

Strachan 1992

- Allergy .
- Type 1 diabetes •
- IBD •
- . Multiple sclerosis

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# Other teories of perinatal injury

#### **Barker hypothesis**

'Perinatal calory deprivation leads to a metabolic programming with a high calory turnover and thereby obesity even with a reasonable calory intake later in life

Barker 1992

Obesity - Diabetes - Atherosclerosis

#### **Hit theory**

'Chronic inflammatory diseases are predisposed by 'hits' of acute and relapses of chronic infections in early life, and for each hit the degree of e.g. endothelial injury returns to a level just above the pre-hit level.

Ross & Glomset 1977

Atherosclerosis

#### **Maternal deprivation**

Deprivation of contact between off-spring and mother in early life leads to neurological injury (which may be inflammatory by nature). Mazet & Sibertinblanc 1976





What is Axel's problem and what is the state of art?

Rodent breeders only standardize their animal according to specific infections

'Normal flora' is unstandardized Many animal models have too little predictive validity

We need to put more efforts into improving animal models if we want to reduce the number of animals used and improve research

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# The vision for a future laboratory rodent





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The hypothesis

We think that we can

decrease variation in rodent models by standardisation of early life microbiology

produce rodents with very high incidence or very low incidence of inflammtory/autoimmune disease



# Self and the adaptive immune system



# T helper cells

Effector T cells or Th cells

- Establishing and maximize the capabilities of the immune system.
- No cytotoxic or phagocytic activity
- Activate and direct other immune cells
  - determining B cell antibody class switchingactivation and growth of cytotoxic T cells
  - maximizing bactericidal activity of phagocytes such as
  - macrophages

Adaptive immune system







Hypothetic immunology of hygiene hypothesis



# Hypothetic immunology of hygiene hypothesis





T cells – weak signals

T cells – strong signals





T cells – intermediate signals

# Toll like receptors (TLR)



• pathogen-associated molecular patterns (<u>PAMPs</u>).



The presence of TLRs

Monocytes/macrophages TLR1, TLR2, TLR4, TLR5, TLR6, TLR7, TLR8, TLR9, TLR10, TLR11 Dendritic cells TLR1, TLR2, TLR3, TLR4, TLR7, TLR8, TLR9 B lymphocytes TLR1, TLR3, TLR6, TLR7, TLR9, TLR Mast cells TLR2, TLR4, TLR6, TLR8 Intestinal epithelium TLR4 liver cells, kidney, bladder epithelium TLR1 Innate immune

system

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# Toll like receptors



Differences in TLRs between man and mouse

TLR10 in humans Damaged in mice

TLRs 11, 12, and 13 in mice express Not represented in humans

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# Dendritic cells

The 'server of the immune system'

Process antigen material Present it on the surface to other cells Regulate the Th1/Th2 balance by IL-12 secretion

Myeloid dendritic cells Look like monocytes Regulate the Th1/Th2 balance by IL-12 secretion TLR2, TLR4

Plasmacytoid dendritic cells (pDC) Look like plasma cells Secrete IFN-a TLR7, TLR9





# Dendritic cell pathways for antigen uptake from the gut











# Which results have been achieved ?

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# Relation between intestinal flora and inflammatory disease in animal models







Regulatory T-cells in inoculated mice



NOD mice (spontaneous type 1 diabetes)





NOD mice and gluten



Microaerophilic bacteria in caecum of gluten/non-gluten-fed NOD mice





NOD mice (spontaneous type 1 diabetes)



### Ejsing-Duun et al, 2007



# Regulatory T-cells in gluten-fed NOD mice





Project parts

- 1: Development of methods for characterising and standardising intestinal microflora
- 2: Development of methods for characterising intestinal immunology
- 3: Testing regimes for early life standardisation of intestinal immunology
- 4: Development of a robot-managed animal unit.
- 5: Testing standardisation regimes on selected animal models.

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Best ways to use results for prevention of allergy and obesity





# The vision for a future laboratory rodent



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